

Greenwich Bouncers

Trampoline academy

Presents....

Trampolining

Baby Bouncers

FOR YOUR 3-5 YEAR OLDS :

BIG fun for little ones, bouncing on the trampoline!

3-5 year olds will have fun with our British Gymnastics coaches playing/bouncing on a trampoline using skipping ropes, jumping on a colourful parachute and sitting/lying on a therasensory ball. We have designed this course to encourage and teach movement skills, develop balance and postural reactions and build strength and endurance.

WHERE?

Samuel Montagu
Youth Centre
122 Broad Walk
Kidbrooke SE3
8ND

The course is based on the British Gymnastics Proficiency Award Scheme and parents can purchase certificates to record their child's progress

These fun-filled sessions are suitable for most children with disabilities and special needs, such as autism or ADHD.

WHEN?

Wednesday at 4pm
or 5pm

COST?

£33 for 6 week
course
(40min session – must
be booked in advance)

