

Greenwich Bouncers

Trampoline academy

Presents....

Trampolining

# Baby Bouncers

**FOR YOUR 3-5 YEAR OLDS :**

BIG fun for little ones, bouncing on the trampoline!

3-5 year olds will have fun with our British Gymnastics coaches playing/bouncing on a trampoline using skipping ropes, jumping on a colourful parachute and sitting/lying on a theasensory ball. We have designed this course to encourage and teach movement skills, develop balance and postural reactions and build strength and endurance.

### WHERE?

Samuel Montagu  
Youth Centre  
122 Broad Walk  
Kidbrooke SE3  
8ND

The course is based on the British Gymnastics Proficiency Award Scheme and parents can purchase certificates to record their child's progress

These fun-filled sessions are suitable for most children with disabilities and special needs, such as autism or ADHD.

### WHEN?

Wednesday at 4pm  
or 5pm

### COST?

£33 for termtime  
only course  
(40min session – must  
be booked in advance)

